

Claims

[c1] A method of securing an infant and dampening the effect of being startling and/or twitching during sleep. The infant is placed under and in the center of the weighted blanket and on top of the bottom flap. The blanket is comprising:

rectangular cotton and spandex fabric in widths of 18"to 23", in lengths of 20"to 25" in solid color mesh (97%cotton and 3% spandex) and 100% cotton of children print fabric.

The pouches for the weights are comprising:

rectangular 100% cotton fabric in widths of 5"to 7", in lengths of 20"to 25" in children print fabric. The weights are composed of ½to 1 pound of polypropylene pellets per pouch. The Velcro lengths of 1"strips.